

# NAGPUR HOUSES OF MARY IMMACULATE

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## **ACTIVITY REPORT FOR THE YEAR 2024-25**

I am happy to present the Annual Report of Nagpur Houses of Mary Immaculate(NHMI). During the year the Governing Body met 10 times to discuss on the financial and administrative matters of the Trust. This year we had one Annual General Body meeting. Nagpur Houses of Mary Immaculate Trust is engaged mainly in three areas i. e. Educational, Medical and Social.

Educational :- Following branches and mainly engaged in education.

- Providence Nursery School
- Providence English K. G
- Providence Hindi K. G.
- Karuna Nivas Pre-Primary
- Shishu Vikas Kendra, Vasai
- Maria Bhavan, Murtizapur
- Asha Kiran Pre-primary

### **SEVERAL ACTIVITIES WERE HELD THROUGH THE YEAR AT our institutions**

- 1) INDEPENDENCE DAY
- 2) TEACHER'S DAY
- 3) DIWALI CELEBRATION
- 4) CHILDREN'S DAY
- 5) Annual Concert
- 6) CHRISTMAS CELEBRATION
- 7) Sports day
- 8) Republic day
- 9) Guru Poornima celebration
- 10) Green day celebration
- 11) Girl child day

Total number of our students in all the branches in the pre-primary sections from Nursery to Senior K. G are 692.

The motto of our institute is **"Tamaso Ma Jyotirgamaya"**. Keeping in mind to enlighten their education with the light of wisdom and to inculcate in the students enthusiasm for studies, a number of activities have been conducted.

**Providence Pre-primary, Nagpur**

### **Co-curricular Activities :**



**Competitions:** To bring forth creativity in the students a number of competitions were conducted in the school. Suitable to the age and fun filled competitions such as Rakhi competitions, Drawing competition, Rhymes competition and Singing competition were conducted.



**Activity Based Learning:** To make learning fun and more enjoyable, A number of amusing activities were conducted every day. To ensure 100% success in the execution of inculcating foundational literacy and numeracy, the students were indulged in fun-filled activities.



**Sports Day:** On Annual Sports Day, to put forth the importance of a healthy body and a sound mind, the kindergarten students presented a mesmerizing performance of Ring Drill showcasing their agility and flexible body movements. The aim was to motivate the masses to take up exercises as a daily practice



On this new Academic year 2024-25, Pre -Primary re-opened on 1<sup>st</sup> July 2024. We thank the lord for such an opportunity. The annual report is an evaluation of the school. The report summaries our school's initiatives targets and other educational practices achievements and aspirations. the students for having regular classes for K.G. I & K.G.II students. Students were happy to come to the class.

On the first day of the school Headmistress, teaching staff were happy to welcome the students with flowers & balloons with great joy.



The school is located in good surroundings. the school has total 277 students have a semester and final exam. The subjects are taught in students. The English. the staff is helpful, active, jolly, hardworking and ready to do anything etc.

Time to time we had given guidance to the parents. The parents were very cooperative. They were happy to see the growth of their child.

The pre-primary teachers are happy to be with the students during their classes. They always had good spirit to teach the students according to their abilities. They are able to come down to their level of students and teach them. The students are able to recognize the Numbers and count in sequences, shows awareness of, matches and sorts colors and shapes. The students try to imitate their teachers. They repeat as teacher says. First teacher says Numbers, stories with actions, sings poems with actions, dance, sings & tell them to do same. They teach them to play different games. Teachers keep their classes very active.



Whole year they have various activities & competitions. Such as: - singing, Drawing, Paper folding, writing, Dancing & singing.

This year we had concert in which most students participated. Their parents were happy to witness their programme. The students were very active & enthusiastic.

### **COMPETITIONS:**

Various competitions were organised throughout the year to bring out the gifts and talents of the students.



### **Celebrations:**

We organized various celebrations which helped students to continue to grow in love. National festivals like Independence Day, Republic Day, Gandhi Jayanti and other festivals like Diwali and Christmas etc. were celebrated through which we create love and harmony among students of all religion. We also celebrated Children's Day and Teacher's Day. Students were active and cooperative.

### **RED DAY CELEBRATION CHILDRENS DAY CELEBRATION**



### **PROVIDENCE SCHOOL, MANSAR:**

Our commitment to the ministry of education has been one of the corner stone of our work in Mansar. we are passionate about creating an environment where our students not only excel academically, but grow as a responsible citizen with the patriotic spirit. Our school is situated in a rural area and most of the parents are farmers. we have regular parents-teachers meeting and we encourage them to participation in the academic growth of their children. Teachers are given input sessions in order to update their knowledge. we ensure that our teachers are well equipped to guide the young minds entrusted to them. Seminar for students was also arranged in the month of July 2024 with regard to the responsible use of mobiles phone, its benefits and disadvantages. It was a timely reminder for all our students. During this academic year our students participated in various sports events and brought good result. They are also given opportunity to explore and develop their diverse talents. On 28 December 2024, we have school concert which was well

planned and performed by our students on different retheme and culture. This boosted student's confidence, Creativity and Cultural appreciation while promoting teamwork and self-expression. Academic result was also very good and our management and staff continue focus on the academic excels of our students.

### **First day of the school**

On Monday 1<sup>st</sup> July 2024 was a very exciting and memorable day for the kids since it was a bright sunny day and first day of the school.

Teachers conducted the prayer service for them by lighting the lamp and singing songs. They decorated the classrooms and blackboard with balloons and ribbons etc. All the teachers introduced themselves to the kids. After the prayer students were taken to their own classrooms. We welcomed them by giving hand shake & saying hello. All the kids enjoyed the first day of the school.



Throughout the year various occasions such as Independence Day, Teacher's Day, Diwali, Annual Day etc. are celebrated to mark the importance of the day.

### **Independence day**



### **Teacher's Day**



### **Diwali celebration**



### **Annual Day**



### **Asha Kiran School, PEN, Raigad:**

'Education is not the nave of any degree or certificate that can be shown to others as a proof. But education is the name of our attitude, actions, language, behavior and personality with others in real life'. (Asha Kiran)

The new academic session began on 15-06-2024. Many students came to school after Education is a process to growth as a community and an individual it leads the young mind to discover authentic human values along with their interest for the value of life. Many students came to school after long holidays. They were excited to come to school. There are many new faces in the school. The students were welcomed with Lazim. There were also new teachers to our school whom we welcomed to Asha Kiran Family. There was prayer service conducted and prayer for the well-being and protection of each one. For students sweets were distributed.



Throughout the year various occasions such as International Yoga Day, Tree Plantation Day, Green Day, Independence Day, Girl child day etc. are celebrated to mark the importance of the day. Exposure programmes were organised to enrich the learning of the students.

**International Yoga Day**



**"Green Day"**

**"Tree Plantation Day"**



**Independence Day**



Outing to Nisarg Farm



### MEDICAL ACTIVITY :



At Asha Bhavan Nursing Home, we are dedicated to preserving the dignity of life by delivering high-quality, compassionate healthcare to all members of the society. Our comprehensive maternal care services span both prenatal and postnatal care, ensuring optimal support for women during these crucial stages. With a holistic approach to wellness, we focus on curative, preventive, and promotive healthcare, empowering women through skilled and compassionate medical intervention. Our commitment to healing extends to all individuals, regardless of background, offering accessible and affordable care. Specializing in obstetrics, gynecology, neonatology, pediatrics, and infertility management, we strive to provide expert, evidence-based medical care to nurture and sustain life.



Asha Bhavan Nursing Home, is committed to delivering equitable healthcare, catering to middle-income families and economically underserved populations. We provide medical services at

subsidized rates and offer comprehensive free care for patients holding BPL (Below Poverty Line) cards. Our compassionate healthcare team prioritizes patient-centered counseling, ensuring both individuals and their families receive the guidance and emotional support they need throughout their medical journey. It is our privilege to address the distinct healthcare needs of women, facilitate safe and successful childbirth, and witness the profound joy of mothers returning home with their newborns.

From April 2024 to March 2025, Asha Bhavan Nursing Home served a total number of patients, as follows:

Gynae OPD: 20177

Pediatric OPD: 3134

No. of deliveries: 723

We spend 2% of our income on poor patients. This year, we provided total free service to 28 patients and a 50% concession to 178 others.



Asha Bhavan Nursing Home, prioritize maternal and fetal health by providing comprehensive antenatal care (ANC) through routine evaluations, diagnostic screenings, and patient-centered counseling. Our antenatal assessments ensure continuous monitoring of maternal well-being and fetal development, facilitating early identification and management of potential complications, including fetal anomalies. Regular obstetric evaluations, including ultrasonography and laboratory investigations, allow for timely interventions to optimize pregnancy outcomes. Additionally, we offer preconception counseling to educate prospective parents, address misconceptions, and promote informed decision-making for a healthy pregnancy.

### **Infertility treatment services**



At Asha Bhavan Nursing Home, we provide patient-centric infertility treatments designed to address each couple's specific reproductive health needs. Utilizing advanced diagnostic evaluations and

targeted pharmacological therapies, we guide couples through every stage of their fertility journey with personalized medical expertise. In addition, we offer dedicated counseling services to support the emotional and psychological well-being of our patients, ensuring a holistic approach to infertility care. Through thorough assessments, individualized treatment plans, and detailed consultations, we empower couples with a clear understanding of their options.

### **Mothers and newborns receive postnatal care.**



A Comprehensive postnatal care is vital for ensuring the well-being of both mother and newborn, with round-the-clock specialized attention to promptly manage any concerns. Our team of skilled healthcare professionals delivers individualized care, emphasizing both physical recovery and emotional support through continuous monitoring and thorough assessments. With seamless collaboration between medical providers and support staff, we uphold the highest standards of postnatal care, fostering optimal health outcomes for both mother and newbo



Regular neonatal checkups are essential for ensuring the health and well-being of newborns, and our team of experienced pediatricians and skilled nursing staff provides continuous monitoring through comprehensive daily assessments. This proactive approach allows for early detection and management of any health concerns, ensuring timely interventions when needed. By prioritizing the optimal growth and development of each infant from birth, we are committed to delivering the highest standard of neonatal care.

### **Providing medication at reduced rates.**



We provide medications at subsidized rates, with additional support for patients experiencing financial difficulties. Special discounts are available for low-income individuals, and certain essential medicines are offered free of charge to ensure equitable access to healthcare. Our mission is to make vital medications affordable for all, ensuring that financial constraints do not hinder anyone from receiving necessary treatment.

## **Investigations and screenings**



We provide cost-effective screening for sickle cell disease, antenatal (ANC) profiles, ultrasonography, and routine hematological investigations to ensure comprehensive maternal and fetal health monitoring. These diagnostic assessments play a crucial role in evaluating maternal well-being, tracking fetal growth and development, and detecting multiple gestations. Early identification of potential anomalies through these screenings enables prompt medical intervention, optimizing pregnancy outcomes and ensuring the best possible care for both mother and baby.

## **Weekly vaccination program**



Our nursing home administers a weekly immunization program for infants and children every Wednesday, providing essential vaccinations. This initiative serves numerous infants from both local and remote communities, ensuring widespread access to vital preventive healthcare.

## **Counselling of the couples**

We provide Counseling and supporting to both expecting and infertile couples as they navigate their unique journeys. For expecting couples, it helps strengthen their emotional bond, improve communication, and set realistic parenting expectations while addressing fears and emotional changes during pregnancy and postpartum. It also fosters effective co-parenting strategies for a supportive partnership. For infertile couples, counseling provides emotional support to cope with stress and uncertainty, offers guidance on infertility treatments, and helps maintain intimacy while managing societal pressures.



### **Early Intervention Camp 24/07/2024**



Early Intervention Camp on 24<sup>th</sup> August 2024 at Asha Bhavan Nursing Home. Early diagnosis and treatment are of utmost importance for children aged zero to six years. It is a support and educational system for young children (aged 0 to six years) who need support or are at high risk of developmental delay or disability. Families with at-risk children aged 0 to 6 years were helped. The developmental milestone and physical activities of these children were assessed and those infants who diagnosed were given early intervention program and medical management. 27 children were enrolled in this camp. Some of the children's movements were observed to be suspicious. The children were called to the Early Diagnosis and Treatment Center at the Home for Aged for further treatment.

### **Medical Camps were conducted in difference places**

#### **Medical Camp - 1**

Asha Bhavan Nursing Home organized a successful medical camp in Umri Village on 14<sup>th</sup> October 2024. The event began at 10:30 am with a short inauguration program, which was attended by several prominent local leaders including Sarpanch Shubham Raut, Upa Sarpanch Nikhita, Police Patil

Prahlad Urkunde, and village ASHA worker Ranjana. Each attendee was warmly welcomed with a rose flower, and the program officially began with the lighting of the lamp.

In his inaugural speech, Sarpanch Shubham Raut commended Asha Bhavan Nursing Home for organizing the camp and providing much-needed medical care and medicines to the villagers. This event revealed the commitment of the Nursing Home to community health and outreach in Umri.

Camp consist of medical team Dr. Bharti, Dr. Himani, Sr.Merciline (Nurse) Sr.Joicy (Nurse) Sr.Reena (Nurse) Sr.Vanita John ( Social Worker) , Draksha and Khushi (Supporting Staff). Total number of patients who benefitted from the camp are 130 of which male -46, female- 54, pediatric group – 30 were screened. Free medicine and supplements were provided to patients based on their medical conditions and needs.



## Medical Camp- 2

Asha Bhavan Nursing Home organized a successful medical camp in Pali Village on 15<sup>th</sup> October 2024. The event began at 11.30 am with a short inauguration program, which was attended by local leaders Manoj Pradhan, Dhaneshri who were present. Sr. Asrita introduced the medical team to the people. She explained about the importance of the camp and thanked Asha Bhavan Nursing Home for organizing the camp and providing much-needed medical care and medicines to the villagers.

Camp consist of medical team Dr. Bharti, Dr. Himani Sr.Merciline (Nurse) Sr.Joicy (Nurse) Sr.Reena (Nurse) Sr.Vanita John ( Social Worker) , Draksha and Khushi (Supporting Staff). A total of 78 villagers received medical assistance during the camp of which 20 -male, 53- female, pediatric group

– 5 were present. Weight, Vital signs, and BP was taken. Those who were required were tested for RBS. As per the diagnosis and requirement patients were given free medicine.



### Medical Camp – 3

A medical camp was conducted on 21st September 2024 at 10:30 AM in Gundhri Village, District Nagpur, in collaboration with the local Sarpanch and led by Medical Social Worker Vanita John. A dedicated team comprising Dr. Bharti, Dr. Himani, nurses Merciline, Martha, and Christina, along with supporting staff Draksha and Khushi, provided essential healthcare services to 67 beneficiaries, including 20 men, 30 women, and 17 children. The camp offered general health check-ups, including weight, blood pressure, and sugar level assessments, along with the distribution of free medications and nutritional counseling, particularly for women and children. Observations revealed a high prevalence of respiratory infections among children and several cases of untreated diabetes and hypertension in the elderly population, highlighting the need for ongoing medical support and awareness programs in the community.



### Medical Camp -4

Asha bhavan Nursing home organized free medical camp in Khushi Nagar on 22 September 2024. The camp began at 10.30 A.M. The medical team consist of Dr Bharati, Dr. Utkarsha, Sr Joicy GNM , Sr,Angelica GNM, Sr.Geogina ,Sr Valsa social worker Mr. George Anthony driver.

Total no. of people benefited from medical health checkup were 105. Male 24, female 43, male child 38, female child 28, blood investigation was done for 10 people referred 05 patients for higher center for treatment. Free medicine and supplements were provided to patients based on their medical conditions and needs.



### Medical Camp– 5

Asha Bhavan Nursing Home organized a medical camp on 22nd September 2024 at 11 AM in Ghuksi Village, led by Medical Social Worker Vanita John, with the support of a dedicated team comprising Dr. Bharti, Dr. Himani, nurses Merciline, Martha, and Christina, along with supporting staff Draksha and Khushi. The camp provided healthcare services to 105 individuals, including 43 women, 24 men, and 38 children. Key services included blood pressure and blood sugar screening, awareness sessions on heart diseases, referral services for specialized care, and the distribution of health kits containing soaps, sanitizers, and masks. Observations indicated high rates of cardiovascular disease risk factors such as hypertension and smoking, poor sanitation practices contributing to infections in children, and a lack of routine health check-ups due to financial constraints. Four patients with suspected heart disease were referred to a cardiology hospital, and counseling was provided on the importance of regular medical check-ups and hygiene. A follow-up camp focusing on maternal and child health has been scheduled to ensure sustained healthcare improvements in the community. Free medicine and supplements were provided to patients based on their medical conditions and needs.



### Medical Camp -6

Asha Bhavan Nursing Home organized free medical camp in providence School in civile Lines on 5<sup>th</sup> October 2024. The camp began at 9.30 A.M. with a welcoming of the Members. Dr. Bharati gave educational talk to the students about the hygiene .(how to keep our body clean). A dedicated medical team, including Dr. Kastoori Prasad MBBS, Dr. Bharati, Dr. Utkarsha, and Dr. Lincy, along with nursing staff Sr. Merciline, Sr. Bhavana, Sr. Martha, and Sr. Christiana, worked under the guidance of Medical Social Worker Sr. Vanita John to provide essential healthcare services.

There after the doctors began the General Check up. The total number of students was checked was one hundred eighty students were checked. They were given free Multi Vitamins tables and Tonic and some general Medicine as per the diagnosis were provided. by 2P.M The camp was completed.



### Medical Camp -7

Asha Bhavan Nursing Home organized a free medical camp at Ajni Central Jail, Nagpur, on 25th October 2024, starting at 10:30 AM. A dedicated medical team, including Dr. Ritesh MD, Dr. Rahul Agrawal MBBS MD, Dr. Utkarsha BHMS, and Dr. Sr. Lincy (Physiotherapist), along with Sr. Vanita (Social Worker), nurses Sr. Martha, Sr. Christina, Sr. Reena (GNM), and supporting staff Samiksha (ANM) and Suhani (ANM), provided essential healthcare services. General health check-ups were conducted for 83 female and 217 male inmates, addressing various medical concerns. Free medicine and supplements were provided to patients based on their medical conditions and needs. After the camp, the team met with the Jail Superintendent, who expressed gratitude for the initiative and encouraged the continuation of such medical camps in the future to support inmate healthcare.



### Medical Camp -8

Asha Bhavan Nursing Home organized a free medical camp in Mansar, Nagpur, on 20th October 2024, starting at 10:30 AM. The medical team included Dr. Shubhangi, Dr. Utkarsha, Dr. Sr. Lincy, Sr. Lydia B.Sc, Sr. Reena GNM, Sr. Angelica GNM, Sr. Valsa (Social Worker), and Mr. George Anthony (Driver). A total of 89 individuals attended the camp, including 33 men, 56 women, 6 male children, and 7 female children. The camp provided medical check-ups, with six orthopedic cases and two gynecology cases identified, while blood investigations were conducted for 30 individuals, and four patients were referred to higher centers for further. Free medicine and supplements were provided to patients based on their medical conditions and needs.



### Medical Camp -9

Asha Bhavan Nursing Home organized a free medical camp at Holy Family Church, Chandan Nagar, Untkhana, Nagpur, on 13th October 2024, starting at 9:30 AM. The medical team included Dr. Shubhangi, Dr. Utkarsha, Dr. Lincy, Sr. Lydia B.Sc, Sr. Reena GNM, Sr. Christina GNM, Sr. Sherly GNM, Sr. Martha GNM, Sr. Valsa (Social Worker), and Mr. George Anthony (Driver). A total of 67 individuals received medical check-ups, including 20 men, 47 women, 2 male children, and 8 female children. Blood investigations were conducted for 18 people, and 9 patients were referred to higher centers for further treatment. Fr. Saiju, the Parish Priest, expressed his gratitude to the doctors and nurses for their service and provided light refreshments for the medical team at the end of the camp. Free medicine and supplements were provided to patients based on their medical conditions and needs.



## Trainings, Seminars and Awareness programs

### **Multiple Micronutrient Supplements**

On May 16, 2024, a session on MMS was conducted by MR at Asha Bhavan Nursing Home, highlighting its nutritional benefits for infant growth. MMS is formulated with essential nutrients that support the healthy development of newborns. Specifically, MMS Stage 1 is designed as an infant formula for babies aged 0 to 6 months, ensuring adequate nourishment during early life. This program aimed to educate healthcare providers and parents on the nutritional benefits.



### **Neonatal care and Breastfeeding**

A session on Neonatal Care and Breastfeeding was conducted by Mrs. Sunitha Pamu on June 16<sup>th</sup> 2024, at Asha Bhavan Nursing Home. The session emphasized that breast milk provides essential nutrients in optimal proportions, supporting the infant's growth and development. It plays a crucial role in enhancing immunity, offering protection against infections, diseases, and obesity. Studies indicate that breastfed infants demonstrate higher cognitive development, reflected in improved IQ scores. Exclusive breastfeeding for the first six months is recommended to ensure optimal health benefits. Additionally, breast milk reduces the risk of allergic conditions, such as eczema and asthma, while fostering a strong emotional bond between mother and child.



### **Menstrual Hygiene Day**

On May 28, Menstrual Hygiene Day was observed at Asha Bhavan Nursing Home for all staff members. The session provided valuable insights into the importance of menstrual hygiene, emphasizing the safe and effective use of sanitary pads for maintaining health and well-being. Sanitary pads are designed to absorb and retain menstrual fluid, ensuring comfort and protection while being free from harmful bacteria. The discussion also highlighted the significance of adopting

eco-friendly menstrual products to promote environmental sustainability. At the conclusion of the program, sanitary pads were distributed to all staff members as part of the awareness initiative.



### **Ensuring Quality in Surgical Suturing**

On June 11, 2024, a session on Selecting the Appropriate Suture and Ensuring Quality in Surgical Suturing was conducted by Lotus Company at Asha Bhavan Nursing Home. The discussion focused on the characteristics of an ideal suture, which should be easy to handle, provide adequate tensile strength, and ensure secure knotting for optimal wound closure. Lotus sutures, being more cost-effective than other brands, offer an affordable yet reliable option for patients. Key properties of a high-quality suture include elasticity, referring to its ability to stretch before breaking, and water absorption, indicating its capacity to retain moisture.



### **Seminar on Soft Skill**



A seminar on effective communication in healthcare was organized at Asha Bhavan Nursing Home for all staff and sisters. Dr. Vertika Patil served as the resource person, with Dr. Aruna Patil also in attendance. The session emphasized the importance of clear and compassionate communication in patient care, teamwork, and overall healthcare delivery. Interactive games and activities were

incorporated to enhance engagement and reinforce key concepts. Participants gained a deeper understanding of how effective communication improves patient outcomes, reduces medical errors, and fosters a collaborative healthcare environment.

### **03 December 2024 fire fighter demonstration**



The staff at Asha Bhavan Nursing Home underwent fire extinguisher training conducted by Ameya Company. The session included a demonstration on fire safety protocols, equipping staff with the knowledge and skills to handle fire emergencies effectively. Participants were trained in the proper use of fire extinguishers and water hoses to control and extinguish fires safely. All sisters and staff members actively participated, ensuring preparedness for any unforeseen fire-related incidents.

### **Staff Picnic**

Sr. Joicy, Sr. Reena, and the staff went on a one-day picnic to Vagvila, Nagpur, on April 22, 2024. Everyone thoroughly enjoyed the outing.



### **Nurses' Day Celebration at Asha Bhavan Nursing Home**

Asha Bhavan Nursing Home celebrated Nurses' Day with a series of meaningful events honoring the dedication and commitment of nursing staff. On May 12, 2024, a seminar for nurses was organized, beginning with a prayer service led by Sr. Sherly and Sr. Lydia. Sr. Veronica delivered a welcome speech, offering words of encouragement, followed by an insightful session on soft skills and communication conducted by Ms. Varitika. The event featured interactive games, group discussions, and an evaluation session, fostering both learning and engagement.



On May 13, 2024, Nurses' Day was officially celebrated with a small gathering of staff nurses. The event included a cake-cutting ceremony, and each nurse was presented with roses and pens as a gesture of gratitude for their selfless dedication and compassionate service. The celebration served as a heartfelt acknowledgment of the essential role nurses play in patient care and healthcare excellence.



### **Doctor's Day Celebration**

On July 1st, Doctor's Day was celebrated at Asha Bhavan Nursing Home to honor the invaluable contributions of our medical professionals. Dr. Kastoori Prasad and Dr. Monali were felicitated with a bouquet in recognition of their commitment and compassionate care and cut the cake.



### **Independence Day Celebration**



The flag hoisting ceremony was held at 7:30 AM by Fr. Silvester MSFS, followed by the singing of the National Anthem by all staff members, with participation from patients' relatives. To mark the occasion, chocolates were distributed to everyone present.

## **Women's Day celebration**

Asha Bhavan Nursing Home Celebrate Women's Day on 12 March 2025, the programme started at 10:30 Am. We welcome all the chief guest, staff and all the women with roses while Archana staff nurse sang a welcome song in Marathi, then we proceeded with a lamp lighting by our chief guest Mrs Neha Thakur a social worker, Sr Vanita our Provincial, Sr Lincy Manager of Asha Bhavan Nursing Home, Sr Joicy Administrator, Dr Kishori, Dr Kastoori, Dr Jyoti. We Welcome our guest with Rose plant. Mrs Neha Thakur spoke about the importance of women, so there should be equality between women and men. And every success come when women and men work together. Staff Perform a Dance Drama; Dance was meaningful and rhythmic. And we also distributed snacks to all the participants. And we end up our short programme with a word of thanks by Mrs Kavita Staff nurse.





We provide educational support for two students. Additionally, we sponsor the professional studies of one female student. We help to empower young minds through education and help them become self-reliant.

Additionally, we provide medical assistance to numerous underprivileged patients.

**OPD and IPD patients – Rs.7,67,770**

**Indigent and weaker patients – RS. 5,69,900**

**Concession on Medicine – Rs. 8,35,000**

**Educational and maintenance support – Rs.29,700.**

**S.F.S CONVENT RASEGAON**

SFS convent initiated social work from August 2024, we have begun Self Help Groups (SHG) for the women and tuition class for the weaker children for studies. We have formed 7 group consisted of 120 women, total number of children for the tuition class are 120. We have celebrated various activities for them like Girl child day, children's day, drawing competition, essay completion, cultural program, out door, indoor games, for women SHG formation, visit to the village, regular meeting with the groups, orientation session for SHG women, capacity building session for the women, women's day celebration, exposure visit for the skill training for the youth etc.

**Pastalay village tuition class**



**First SHG meeting at Pastalay village**



Girl's child day celebration 75 girls come from 4 villages the cultural program was conducted girls participated and were happy.

Orientation session for women 65 were present



Children's day celebration was celebrated on 14<sup>th</sup> of November from 5 village children were invited for the celebration 100 children were present. Various competitions such as:- essay completion, indoor and outdoor games were conducted, winners were given prizes. Snacks were given to all. There was very good response from the part of the children



Capacity building training was organised on 12<sup>th</sup> of January 65 women present women learnt through they can many things together there is strength in the group, resources person through games and massage was able to give massage.



Women's day 120 women present, resource person gave message how women are important in the family, Sister to welcomed them and explained about the Jeevan Jyoti social work Centre which will be the centre for the women in the future, SHG leaders honoured, Krukhu Adivasi cultural dance was performed many participated, enjoyed and witness the respect and unity with each other, different kind of games were conducted, then gift were distributed and snack distributed to them.



On 10<sup>th</sup> March parents of skill training students were taken for exposure visit to Pratham Sanstha Automotive training centre Panvel. 3 boys competed their training and they will be joining the job in the showroom. It was very inspiring and motivating visit because this training gives job opportunity, parents were happy that their children have completed the course.





Pastalay tuition class children



Kola village tuition class



### **ASHA KIRAN SOCIAL DEVELOPMENT:**

Asha Kiran social work Branch is working for the Katkari, Thakur Adivasi and other underprivileged group of people in Raigad District, Maharashtra.

The beneficiaries are age group of 6-14 children, youth, 25 SHG Groups, women and poor people. We have more than 489 children of 12 Wadies, 132 (Kishories) young girls, 200 women of 25 SHG groups, Widowed and old aged people. We are concerned about their all-round development thus we work for Government scheme's, Gawkish, Health, Supplementary classes, SHG' Groups and (Kishoris) Youth and lively hood. We have kept 12 Wadiprericas to all these wadis who help us all our activities under the supervision of two animators. They take supplementary classes for the school going children throughout the year. Children benefit and are happy to attain the classes free of cost. We have other activities for other groups such as children's parliament to enhance their leadership qualities and ensure their all-round development. Supplementary classes are a help to create interest among the children for self-study and be regular to the school since the people are often migrate for their livelihood. This year we had organized camp for ration card and Anthodaai shikka, Government schemes, caste certificate and for livelihood opportunities on Centre level.

More than 68 katkaris benefited from this and nearly 130 forms are pending. Among 25 SHG groups one of the groups of 9 women are becoming self-reliant. They make the food items and marketing is being done by one of the NGO' from Mumbai. Through SHG and Gaveky meetings we have helped our people to update 1189 new documents like Adhar Card, Caste certificates, E'shrem, Pan Card, Ayushman Bharat Card, Abha Card, Rahavashi Dhakhle, Health Care, Job Card, 20th September we celebrated Nagya Katkari day 160 people along children and few local officials. All experienced solidarity, happiness and togetherness they were enlightened on few burning issues of their daily life. The days we Celebrated are as follow: -

Time to time meeting and training programmes are arranged for the staff and lay ladies at Tara as well as at Asha Kiran on various topics such as Ration card, Anthoday stamp, caste certificate and make them aware of various Government schemes etc.



**Exposure programme :-**

Exposure to Gujarat with CSA coordinator Miss. Ruchika and CSA Supervisor Mr. Manish, 12 Wadi Prerikas and 2 Animators Sr. Shanti and Centre Head Sr. Rekha Rose all together 17 members. We visited SHG groups at Gujarat & learned how to form Credit Society. We also visited Amul Milk Dairy and returned back Safely with rich experience.



**Youth ( Kishori) Seminar:** - Leadership by Miss Gargil about 115 Girls from 12 wadies gathered at Asha Kiran Paned. CSA Ruchika & Manish the Topic-Leadership. We had input session, sharing of experiences by youth. They enjoyed the day and its proceedings.



**Yearly Livelihood Program for SHG Women:**

All throughout the year our Katkari women are helped out to have livelihood programme. 10 women make different items like garlic, mango ,Lemon pickle, Nachni and Newtrimix Powder, Nachni & Rice Papad, Prawns and Mobil Chatani ext. Marketing is done by one of the NGO' from Navi Mumbai. SHG women's training by CSA at Asha Kiran on Topic- Livelihood. Input session was given by Misses Mishel from Vasai



Carrier guidance training for Kishore (Youth) along with stress and emotion release guidance by supervisor Misses Melinita and Panvel Centre Jugdish sir at Asha Kiran Centre 115 youth from 12 wadis profited



Final Evaluation exams of suplimentary classes at different wadis by wadi pericas.



Charity work is helped out by we distributing the grain to all about 26 disabled and senior people from 12 Adivasi wadis given by generous donors.



### **Migrant's day:**

Migrant day celebration at Karjat Good Shepherd. About 87 people gathered for the function we had Games, dances & the Meal was served to all.



### **Women's day:**

Womens day Celebration at Asha Kiran around 135 women from 12 wadis gathered for the celebration. A session on personality developemnt was given by Rekha Rose. The day was organized with various cultral programes and games. Winners were given prizes. All enjoyed the day. All the participants were small gift and after enjoying the snacks all went home with full of joy and happiness.



### **Children's day:**

Children's day celebration at the school level held at Asha Kiran School. All the teachers and the sisters were happy to perform various programmes. All 12 wadis got involved in the celebration. We had verities of programmes from 12.00-4.30 pm



Adiwasi day Celebration at Fanaswadi and Rajmachi and Pimplewadi 73 Men, women and Children gathered for the Celebration.



We had Balsabha held at Mangrul wadi along with kamerli wadi Mr. Manish the Supervisor of CSA came for the meeting. CLM at Asha Kiran. The supervisor from CSA came for CLM.



## VISHWODAYA

Vishwodaya is a branch of Nagpur Houses of Mary Immaculate, working for the development and growth of the people near and far places. We are engaged in social activities in Kushinagar slum, Umri, Pali, Ghuksi and Gundhri villages of Parseoni tehsil at Nagpur district of Maharashtra.

During the financial year 2024-2025, we had regular family visits, seminars and awareness programmes on Education, Health, Hygiene & Livelihood in the slum and four villages. Through Life skill training programmes like Tailoring and Beauty Culture Course at Umri Pali and Ghuksi villages, young girls and women are enabled and empowered economically. This year 10 women completed Beauty Parlour and 60 women completed Tailoring course.



**Tailoring course**



**Beauty Parlour**



The supplementary classes were conducted for children in 4 villages. The number of children were 150 children from 4 villages. Every day classes were conducted for the children in villages. They were given educational motivation sessions and conducted extra- curricular activities.

### Medical:

**Home based support for HIV/AIDS :**



We support 40 HIV+ affected widows and children from around Nagpur. Every third Sunday of the month we provide them nutrition supplements like dates, tonic, pulses and other health supplements items.

### **Medical Camps:**



During the year we conducted three medical camps at Vishwodaya & Umri with the collaboration of our sisters and medical staff from Asha bhavan.

500 beneficiaries benefited from the medical camp. The activity was implemented in order to provide health check-ups among the people belonging to the poor in villages and slum of Nagpur District. They were 500 people attended the camp from three villages and one slum. These patients were provided with the apt medicines for their diseases, after a thorough analysis of their health in the camp by the Doctor. We coordinated with Asha Bhawan Nursing Home, Nagpur. The Medical team consisted of Dr. Humani Mankar, Dr Bharti and sister nurse.

### **Socio – cultural empowerment**



Vishwodaya continues to organize livelihood program: papad and candle making for the women of Umri village for 10 widow women. Sessions related to women issues were conducted combined with Haldi kumkum celebration at three villages. About 30 women from villages and took part in the celebrations.



40 youth from 4 Villages had educational exposure visit to Government Institution and various NGOs in Nagpur.



Vishwodaya Staff had regular trainings and motivational programme to work as effective animators and leaders. They were encouraged to be responsible and faithful in their assigned tasks.



**Celebrations:** We celebrate important events and common festivals like Independence Day, Gandhi Jayanti, Environment Day, Girl Child Day, Women's Day, Deepawali, Republic Day etc. with the staff, skill training students, HIV/AIDS patients and young girls and women.



On 15<sup>th</sup> November 2024 we had organized children's day celebration at Umri village. Children gathered from four villages. They were about 150 from Umri, Pali, Ghuksi and Gundhri villages. They had cultural programmes. Mr. Shubham Raut the sarpanch of Umri Group Gram panchayat was the chief guest for the programme. Srs. Shaiji and Jyoti were present for the program. Children performed beautiful dances and skits. The

games and sports were conducted. The prizes were given for the winners. They were very happy to have the celebration in the village. At the end of the program they were served delicious food for all the participants.

## Women's day celebration:



We had organized women's day celebration at Umri village on 8<sup>th</sup> March 2025. There were about 300 women from Pali, Umri, Ghuksi and Gundhri villages. Mr. Shubham Raut, the Sarpanch of Umri Group Gram Panchayat was present for the programme. He appreciated the good works of sisters specially the social activities of Vishwodaya that are Education, Health and Livelihood programs for the people in four villages at Umri Gram panchayat. He was happy to be present for the women's day celebration.

Women from different villages performed dances and skits. The winners of the games were given prizes. At the end of the program delicious meal was served to all participants. The food was prepared by the Vishwodaya staff and women of Umri village with their contributions. It was contributed by staffs of Vishwodaya and women from Umri village.

## Family Visits:

Throughout the year we had regular family visits at Kushinagar slum, Martinagar, Power Grid, Nara-Nari, Vaishali Nagar, Lourd Mata Nagar, Sneha deep Colony, Ghuksi, Pali, Umri and Gundhri villages. We visited around 485 families.

## PRISON MINISTRY

**Educational aid:** Providing education kits for prisoners' children was a vital initiative to ensure that they receive quality education despite the challenges they face. On 29 June, 2025 basic stationery – notebooks, pencils, pens and erasers, colour pencils or crayons, geometry box, textbooks and workbooks, school bags, water bottles, lunch box etc. These kits help bridge the gap in learning opportunities and offer emotional support through educational resources. 179 prisoner's 270 children were given the educational kit.

**कैदियों के बच्चों को बांटी शिक्षण सामग्री**

**मेहनत करने से ही मिलता है यश : न्या. जाधव**

■ नागपुर, कार्यालय प्रतिनिधि. जेल विभाग और प्रयास टाटा सामाजिक संस्था के संयुक्त तत्वावधान में कैदियों के बच्चों को शिक्षण सामग्री वितरण कार्यक्रम जेल के ही मंगलमूर्ति लॉन में आयोजित किया गया. कार्यक्रम के मुख्य अतिथि अतिरिक्त जिला व सत्र न्यायाधीश एन.एच. जाधव ने बच्चों का मार्गदर्शन करते हुए कहा कि जीवन में यशस्वी होने के लिए शिक्षा बेहद जरूरी है और मेहनत करने से ही यश की प्राप्ति होती है. जेल के एसपी वैभव आगे ने बताया कि प्रयास के साथ कैदियों के पुनर्वसन के लिए विभिन्न उपक्रम चलाए जा रहे हैं. वर्ष 2018 से कैदियों के बच्चों को स्कूल बैग, कंपस, पेंसिल, कलर, वाटर बॉटल, नोटबुक सहित विभिन्न शिक्षण सामग्री वितरित की जाती है. नागपुर हाउसिंग ऑफ मेरी इन्फ्राम्क्यूलेट संस्था की अध्यक्ष सिस्टर वनिता जॉन के सहयोग से 179 कैदियों के 270 बच्चों को सामग्री का वितरण किया गया. परीक्षा में उत्कृष्ट प्रदर्शन करने वाले बच्चों का सत्कार भी किया गया. कार्यक्रम में आनंद सारडा, उप अधीक्षक दीपा आगे, प्रयास के धनपाल मेश्राम, मीना लाटकर, कृष्णा पाडवी, वरिष्ठ जेल अधिकारी आनंद पानसरे, भगवान मंचरे, अमोल वानखेडे, शिक्षक लक्ष्मण सालवे, सिस्टर वेरोनिका, सेलीन पॉल, मनीषा, ज्योति, सुचित्रा और मेरी ऑगस्टीन भी उपस्थित थीं.



**Women's day:** On 17<sup>th</sup> March, 2025, women's day was celebrated in the central prison. Prior to celebration various competitions such as mehndi, rangoli, paper dance, musical chair etc. were organized and the winners were given the useful prizes such as buckets, water bottles, skirts, mugs etc. It was on occasion to provide a platform to uplift, educate and empower the inmates while acknowledging their struggles and achievements.

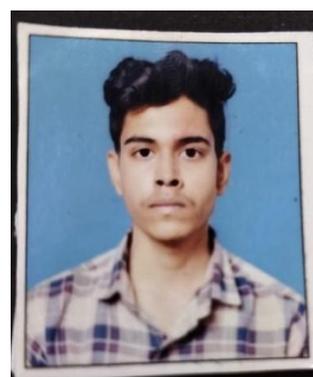
Motivational talks were given by Superintendent Shree Vaibhav Aage, Deputy Superintendent Deepa Aage, Sr. Megha the principal of Providence D.Ed. College, Nagpur. The inmates actively participated in singing, dancing, poetry recitations and skits that highlighted themes on women's rights, resilience and transformation.



## ROTARY CLUB:

We are happy to work with Rotary Club of Nagpur and ICIC foundation. With their kind co-operation we are able to fulfil the object of the Trust by giving them training young boys and girls in Home Appliances and Electronics. 357 beneficiaries of 12 batches have benefited out of which about 250 of them already in job.

## Education Aid



## Medical Aid

Medical and education aid has been extended to many who are suffering from incurable diseases like cancer, kidney failure, cataract operation, etc. and those who have no means to go for higher studies



## Housing Aid

We provided housing material to the deserving families who are unable to afford basic shelter.





## Unthkhana

During last financial year we sisters of Holy Family Convent have taken keen interest in extending our help to the needy either in cash or kind and reaching out helping aids through various sources. We helped the people with medical aid, educational aid, and family assistance in various occasions.

Educational aid is given to Khushboo



Remedial classes regularly given to the 10<sup>th</sup> class students

Personality development classes conducted for differently abled children



- We provided cloth for orphans and handicapped.

- We have provided ration kit to few families.
- Medical camp was conducted for the residents
- Senior citizen day is celebrated
- Medical aid is provided for Francis
- Monetary help given to some needy

**Gratitude:** We raise our hearts in deep gratitude to our loving God who has provided for us all the opportunities to serve our brothers and sisters in need of our care and love. We thank our Superior General Martina Francis and her team for their prayerful support and timely guidance. We are grateful to our president Vanita John Macwan and her team for their interest and concern for the life and for the development of our mission by undertaking various activities and projects. We thank all our friends and well-wishers who stand by us in our need and extend their helping hand. Let us all work together for a better world. We are grateful to our Auditors M/S Lancy D'Souza and Co for their help and service. We owe our gratitude to all the sisters and staff who play a major role in the growth and development of the Trust.

May God bless everyone.

Secretary/Treasurer

For Nagpur Houses of Mary Immaculate